

RICHMOND TRANSFER CO.



through.

The Hot Springs of Virginia are situated in the mountains, 2,500 feet above sea level. The summer months at Hot Springs are most delightful. In spite of the constant sunshine, the light mountain air is always bracing and refreshing.

The healing and curative qualities of the waters flowing from these springs at a temperature of 106 degrees Fahrenheit have been recognized for over a century. Physicians of the highest standing have pronounced them equal to the most effective waters of the celebrated European resorts. The bathhouse, connected with the hotel by a covered viaduct, is a splendid four-story structure of stone and brick. A great variety of baths are given, and the bath can have any temperature he desires from a cold plunge to 106 degrees Fahrenheit. Apartments are arranged in the most comfortable and agreeable manner for hot-air or hot-water baths, with tepid or cold plunge, sweat, needle, spray showers, douches of all kinds, electric, medicated and other baths.

Analysis show that the waters have practically the same mineral ingredients as the waters at Hot Springs, Ark., and differ little from those of Aix-les-Bains, France, but the quality of sulphur carried is much greater in Virginia Hot Springs waters than in either of the others.

The New Homestead is an imposing brick building capable of accommodating over 700 guests. It is something more than an up-to-date hotel of the best class. The water used in the homestead is brought from a mountain top spring, miles away; the milk supplied is from the hotel dairy; the vegetables from the hotel farm; even the meat is raised and killed on the place. In fine, the homestead is a perfect modern hotel and a most desirable place for a vacation home for those who desire a comfortable abode without an extravagant demand on the purse. The mountain scenery, driving paths and walks are unsurpassed. Millboro Springs, two miles from

from Talcott station. These waters are the only ones in the United States known to cure pulmonary troubles. Analysis has shown that they contain, in addition to sulphur and phosphorus, a peculiar gelatinous substance of extraordinary healing quality. They have been held in high esteem for the last half century, and are invaluable in catarrh, throat troubles, heart disease, nervous prostration, dyspepsia, rheumatism and hay fever. There are many beautiful mountain drives and bridge paths.

Rockbridge Alum Springs, Va., nine miles from Goshen, are reached by a picturesque drive through the famous Goshen Pass or from Millboro. The property is situated 2,000 feet above sea level. The hotels and cottages, affording accommodations for 600 guests, will be held in high esteem for the last half century.

In different parts of the grounds are the springs, nine in all, the waters from which have been long and favorably known for their valuable medicinal qualities. While this is an ideal place for the invalid, the seclusion of the cottages affording the quiet and rest so often necessary in the restoration of health, pleasure-seekers will find every desire met to prevent time from hanging heavily on their hands. A first-class

SALT AND RED SULPHUR ARE RESTFUL PLACES. Salt Sulphur Springs are reached from townsville. Here a variety of treatments are offered.

The "Old Salt" is like a hospitable mother of the old regime, with its beautiful park, through which, under magnificent forest trees, a clear stream flows. On the wide porch of its spacious and comfortable buildings the days, even, are always cool. Dwellers in cities, fleeing from the prostrating heat, may find here a place where the sun's rays have no terror, where the cool nights invite refreshing sleep, and where overworked nerves recover their tone.

Red Sulphur Springs are located twelve miles from the railroad, and are reached by a fine turnpike road

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TRAVEL SECTION, 1916

HIGHLANDS OF ONTARIO STILL THICK WITH GAME

Fish and Deer Abound in Country Recently Introduced to Civilization.

ITS SCENERY IS UNEQUALLED

Enthusiast Gives Glowing Description of Country Once Peopled Only by the Huron Indians—Region Where Hay Fever Is Unknown.

A man with a soul and power to picture the things he has seen, wrote as follows, after a visit to the Highlands of Ontario:

Settled among the "Highlands of Ontario," reflecting the myriad beauties of the surrounding forests, wooded islands, veritable diamonds in the sunlight, gems in the shadow of the unbroken foliage of the shores, mirroring the sky, lie the beautiful series of lakes and swift running rivers of this glorious region.

To look out upon waters far less entrancing, to gaze upon shores far less rugged, to wander in forests far less renowned for their primitiveness and to walk in paths not even approaching these in wild picturesque surroundings, wealthy Americans and Canadians cross the great deeps, while the large majority remain to think and dream of the lakes of the American continent and Canadian domain, so prominent in song and story.

Every year from the great cities, villages and towns of nearly every part of the habitable globe a great throng of people who appreciate nature in its "early childhood," what is before it has been shorn of its primitive loveliness, turn their faces toward this land of glorious natural beauty, where the hand of the defiler has rested lightly—some seeking the rest and quietude, and others the gaiety of this now famous resort.

LIFTED HIGH ABOVE

IMPURITIES OF LOWER AIR

Lifted, as we are, 1,000 feet above the level of the broad Atlantic, to whose billows we have so often listened to breaking in ceaseless harmony, we are free from all impurities of air—besides the refreshing breezes of this life-giving fragrance of the state's pine, the tamarack and balsam, which line the shores of the lakes and rivers, not only giving new vigor to visitors in general, but proving the region a perfect "paradise" for those who suffer with that terrible malady, "hay fever," as there they are perfectly immune, while the stronger winds penetrate the woodlands and ripple the unusually quiet waters of the beautiful lakes, enshrouded by an ever-smiling summer sky. This region is enchanting, because it never gives up its treasures of interest, but constantly develops new beauties, which seemingly arise from the depths of the forest, yet unraveled by the foot of the white man, but gradually being introduced to civilization by the few red men who remain, it will be many years hence before all the mysteries of this primitive land will be revealed.

There are no lakes nor rivers in the world in the category of new discoveries, more important historically, and which partake more of romance and of song, nor a place that more forcibly reminds the student of the story of the world's formation.

WONDERFUL SCENERY ON CHESAPEAKE AND OHIO

(Continued from First Page)

Other hand, winds, its smooth way among the hills in placid serenity, the covering here a glimpse of cattle drinking by grassy lawns and there willow-fringed waters murmuring in peaceful summer sunshine. There is no view on the line from Biele to Cologne to compare with 100 on the New River, and the famous forest scenery in the Eastern Mountains, on the French Riviera, can be matched at any moment in the Allegheny Mountains. A greater variety of heading and level is attained in the Virginia and West Virginia Springs country than in any similar region. There is an equally wide choice in hotels.

MOUNTAINS AND SEASHORE

GIVE GREATEST CHANGE

When the hot days come and the sultriest nights, every one asks: "Where shall we go for a holiday? What change will do us most good?" Modern science gives the answer: the mountains or seashore.

Change of climate, change of surroundings—complete change is the first condition of health and recreation. In the mountain resorts you have met at all exhilarating light air and cool nights, which bring long, refreshing sleep, while in the day you have sunshine without heat and continual change of outlook and scenery that rest the overtaxed nerves and wearied brain.

For the city dweller there is no change, no recreation like the change to the high places, and the recognition of this fact has already altered all the conditions of life in Europe. In the last half-century mountain resorts have come into favor, and Switzerland has become the playground of all nations throughout the summer, and even in the winter.

It is a mistake to believe that the higher we go the purer the air, the more restorative the change, high altitudes strain the heart. There is a happy medium in all things. In these United States from 2,000 to 3,000 feet above the sea is the life belt, so to speak, and, accordingly, we find year by year more people turning to the cool, sun-bathed, pine-clad mountain valleys of the Virginia as the perfect residence for summer and the ideal holiday resort.

There are no mosquitoes here to annoy. The hotels at Hot Springs and White Sulphur are among the best in the country, and all along the line at Warm Springs, Healing Springs, Salt Sulphur, Old Sweet, Sweet Chalybeate and the Rockbridge Alum Springs are hundreds of excellent hotels and country homes, where board can be obtained on the most reasonable terms.

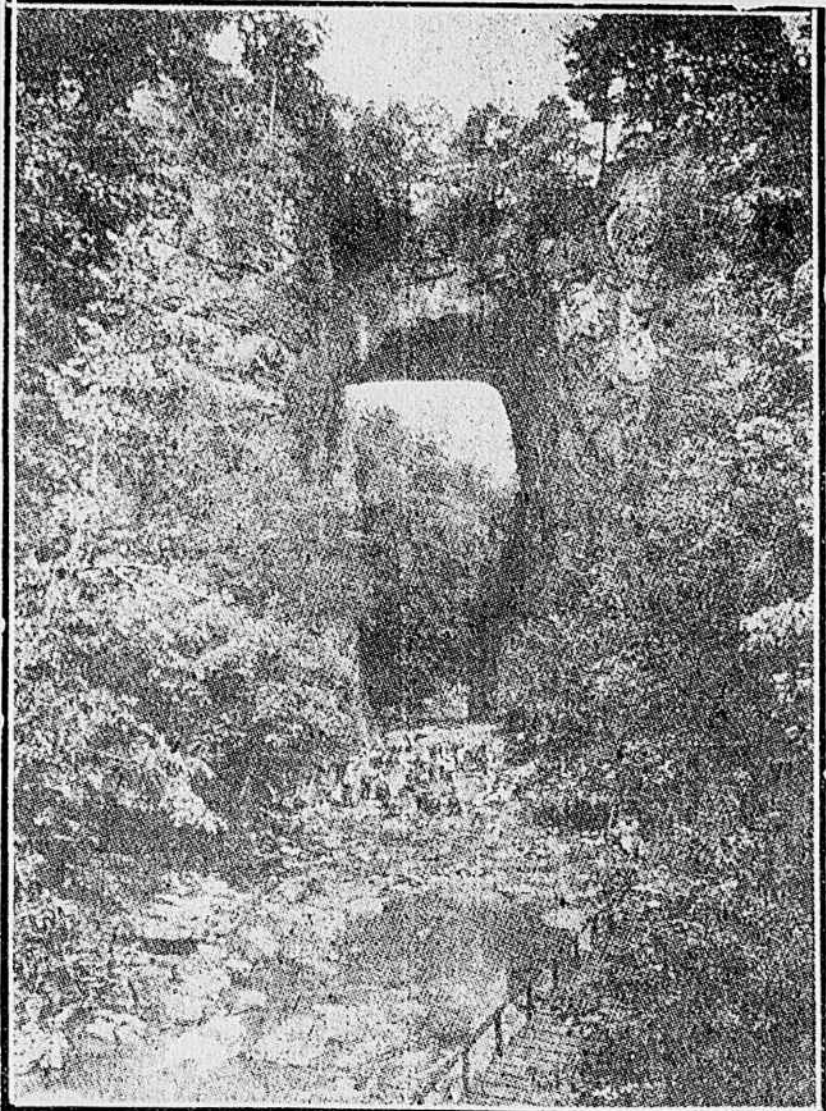
The highest medical authorities declare that the mountain valleys of the Virginia are "a natural sanatorium."

HISTORIC WHITE SULPHUR

MAKES ROMANTIC APPEAL

There is no holiday place in the world more famous by association with great names and high memories than White Sulphur; no other place of resort makes such romantic appeal.

One of the World's Wonders



Natural Bridge, Rockbridge County, Va., on line of Norfolk and Western Railway.

Nearly a century ago Henry Clay signed the hotel register, and Robert E. Lee passed here the last three summers of his life. There are two hotels, the Greenbrier and the White. Both are under the same management as the Plaza Hotel, New York.

The Greenbrier Hotel, which was only completed a couple of years ago, is a superb, fireproof structure, open all the year round—the very last word in luxurious comfort. One small detail will tell more than pages of description. On entering the great lounge hall one is surprised by the splendid mahogany sofas and seats; they are exact copies of those in Knole Hall, Surrey, England, the seat of the Earls of Sandwich. Money has been lavished on the Greenbrier, but lavished by forethought and wide critical experience. There is no better hotel in these United States.

And what shall be said of the old "White," which for nearly a century has been to the Southern States what Saratoga and Bar Harbor together have been to the North. Here generations after generation of fair women and brave men, the first of their time, have gathered for amusement, rest and recreation. The great ballroom was the summer social center, so to speak, of the old Southern aristocracy, and since the war it has come again to honor and importance.

White Sulphur Springs are situated on the western slope of the Allegheny Mountains, on the main line of the Chesapeake and Ohio Railway, at an elevation of 2,000 feet. Higher mountains, rising 3,000 feet above the sea, environ the place. From April to November the mean temperature is the same as that of Nice and Madeira—62 degrees. The scenery about White Sulphur is as fine as any in the Allegheny Mountains.

ENTIRELY RENOVATED

AND BROUGHT UP TO DATE

The White Sulphur Hotel and some fifty cottages accommodate about 1,000 summer guests, and are attractively situated in a park of nearly 100 acres. Within the last two years the hotel and cottages have been entirely renovated and brought up to date. These improvements make it the ideal mountain resort of America. The rooms in the hotel buildings are large and comfortably furnished, and have charming views over park and mountain. Private baths, electric lights, telephones and all modern appliances have just been added. Scattered about the surrounding park are these cottages; they are exceptionally attractive and convenient for families or parties who wish to be in a measure secluded or who prefer the privacy of home.

These cottages have been equipped with electric lights and baths, and are connected with the hotel by telephone. Every amusement of outdoor life may be enjoyed at White Sulphur. An eighteen-hole golf course has just been completed, and is now regarded as the most perfect in the country. An excellent professional is regularly engaged, and everything possible done for the devotees of this fascinating game. The course is a little over 6,000 yards in length, the holes are nicely placed and the putting greens and fair greens are in perfect condition.

The grass and clay tennis courts lend animation to the scene, hand concerts, music, dancing, bowling—all indoor and outdoor amusements are provided for the guests. The roads about White Sulphur are good for motoring. In every direction over hill and through valley, the opportunities for attractive trips are innumerable. There is a fully equipped garage in charge of competent mechanics; the livery, too, is first-rate, and horses to suit every taste can be hired from the riding master. A number of new drives and bridle paths have been constructed about the neighboring mountains. The cuisine and service are exceptionally good. Fresh fruit and vegetables are furnished by the hotel garden. A modern dairy with a fine herd of selected cattle is maintained, so that perfectly fresh milk is assured. The water is all drawn from a mountain spring and brought ten miles to the hotel. In fine, the "Greenbrier" and the "Old White" are American hotels of the first class, backed by all the luxuries of a

Yellowstone

The National Paradise
for Animal Life and
Animal Lovers

WILD animals are tame in Yellowstone Park because they have been protected against man for 44 years. The U. S. bulletin says that here is "literally the greatest wild animal preserve in the world."

And it is also "the most widely celebrated of all our national parks, because it contains more and greater geysers than all the rest of the world together—boiling springs—mud volcanoes—petrified forests—and the Grand Canyon of the Yellowstone."

Last year fifty thousand visited this wonderland, and nearly two-thirds of them went there by the Union Pacific System, because they prefer the direct route through a country rich in scenic attractions and because a trip to the Yellowstone, when made by the Union Pacific, may include, without additional fare, or unnecessary loss of time, Colorado and Salt Lake City—also because travelers to California or the Pacific Northwest may conveniently visit the Park en route.

Send for free literature, including fine illustrated book issued by the Department of the Interior, telling all about the beauties and wonders of the park; also full information regarding camp and hotel service, where to go and what to see. See our greatest national park.

UNION PACIFIC SYSTEM

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Boulevard of Steel

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Canada Steamship Lines, Limited "Niagara to the Sea" St. Lawrence River Route

Through
Canada
By
Water



The
Great
Scenic
Route

The trip in its entirety begins at the falls of Niagara and embraces a sail on the magnificent modern steamers of the Richelieu and Ontario Navigation Division, through Lake Ontario, the Thousand Islands, shooting the St. Lawrence Rapids, visiting Montreal and quaint, picturesque old Quebec, and onward down the salt waters of the mountainous and beautiful lower St. Lawrence and up through the very heart of the Laurentian Mountains to Chicoutimi, located at the head of navigation on the Saguenay River, which flows through the grandest and most scenic navigable mountain gorge in the world.

The summer climate in this region is perfection; the days are clear and bright, and are crowded with sunsets of rare beauty; the nights are cool and sleep inducing, and the great body of water, combined with the woodland and mountain breezes, cool and purify the air to such a degree that it has a rare charm for those in search of health, rest or pleasure. Plan your summer outing to include this ideal summer region, which is only one day's ride from Richmond.

For information, address the RICHMOND TRANSFER CO., or JOHN F. PIERCE, Asst. Passenger Traffic Manager, Canada Steamship Lines (Limited), Montreal, Canada.



"The Highlands of Ontario" CANADA

Embracing the following Districts:

Muskoka Lakes Lake of Bays
Algonquin Provincial (Ontario) Park
Georgian Bay Timagami
Kawartha Lakes Orillia and Couchiching

Reached Direct by

Grand Trunk Railway System

Spend Your Summer Holiday at One of These

Thoroughly Universal Vacation Districts

GOOD HOTEL ACCOMMODATIONS.
IDEAL CANOE TRIPS.
SPLENDID FISHING.

Finest summer playgrounds in America. The lover of outdoors will find here in abundance all things which make roughing it desirable. Select the locality that will afford you the greatest amount of enjoyment and send for free map folders, beautifully illustrated, describing these out of the ordinary resorts.

All this recreation paradise only one night away from the leading cities of the United States via the Grand Trunk. Palatial trains provide every travel luxury to your destination. Address F. P. Dwyer, 290 Broadway, New York, for full particulars.

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